

## Competition Pool Rules

- ☺ Children under 14 years of age must be accompanied by and under the direct supervision of an adult 16 years or older.
- ☺ Parents must accompany non-swimming children and children in flotation devices. If a child has a flotation device on, the child must be within arms reach.
- ☺ Hanging, tugging on lap lanes and swimming under ladders is not permitted.
- ☺ Swim test will be administered every hour, on the hour, in the first lane of the competition pool.
- ☺ No diving in shallow end.
- ☺ No swimming between drop slide, rock wall, or diving board. Exit pool immediately.
- ☺ If you are not swimming laps, stay clear of the lap lane. Do not swim under the lap lane or those swimming in the lane.
- ☺ No hanging or swinging on hand rails.
- ☺ No running or rough play.
- ☺ No eating, drinking or gum chewing is permitted inside the pools.
- ☺ No swimming when lifeguard is absent.